



Getting Unburied and Moving Forward

A Class for People with Chronic Disorganization and Hoarding Issues

Is clutter getting in the way of how you want to live your life?
Are you feeling overwhelmed with too many possessions?
Are you embarrassed to have people over?

You can lead a less cluttered life!
You can get unburied!
You can move forward!
One small step at a time!

Let this be the start of your journey to the life you want to be living....

This program offers an **8-week course** based on the book **‘Buried in Treasures’**. Join us to explore what is behind your “stuff,” learn how to overcome challenges and reduce acquiring so you can live a less cluttered life.

The **“Getting Unburied and Moving Forward”** workgroup is for people who are ready to make changes in their lives. Each week features a guided discussion focused on a key skill, followed by meaningful and rewarding exercises. Your progress, challenges, successes, and goals will be supported throughout the eight weeks.

There is hope. Join us today—you’ll be glad you did. *You can expect confidentiality and support throughout the class.*

“Getting Unburied and Moving Forward” – a Virtual Class (Zoom)

Session starts:

Tuesday, September 29, 2026 | 6:00–7:30 p.m. (Mountain Time, U.S.A.)

(The fee for the 8-week class is \$325 US if you register and pay by 9/15/26; \$350 after 9/15/26.)

Available to participants anywhere via Zoom!

This group offers a judgment-free environment for people who are ready to make meaningful changes in their lives.

Early registration and acceptance into the group are required. Call or email for more information.

(440) 666 – 9326 or kfconsulting@gmail.com

To be added to the waiting list for future classes, please email us. Morning and evening classes are available.